

# ROASTED ACORN SQUASH

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*Recipe from [elanaspantry.com](http://www.elanaspantry.com)*

## **Ingredients**

- 1 acorn squash
- 5 ml (1 tsp.) coconut oil
- Ground cinnamon (optional)

## **Directions**

- Using a big hefty knife, cut the squash in half.
- Scoop out the seeds and discard or save for later use.
- Rub inside and out of squash with coconut oil.
- Place face down on a metal baking sheet.
- Bake at 180°C (350°F) for 40–60 minutes.
- Serve.

